



MID-COASTAL CALIFORNIA PERINATAL OUTREACH PROGRAM

Perinatal Potpourri: Reaching Out and Looking Forward



36th Annual Meeting – January 21-22, 2016

Presented by the Department of Pediatrics and the Department of Obstetrics and Gynecology, Stanford University School of Medicine and The Charles B. and Ann L. Johnson Center for Pregnancy and Newborn Services, Lucile Packard Children's Hospital at Stanford.

This project is supported in part by funds received from the California Department of Public Health, Center for Family Health, Maternal Child and Adolescent Health Division.

Sponsored by:

Online registration at our website:
mccpop.stanford.edu



Conference Location

MONTEREY PLAZA HOTEL AND SPA

400 Cannery Row, Monterey, CA 93940 • Hotel Phone: 831-646-1700

Hotel Accommodations

A limited block of inland rooms is being held at a special group rate of \$194/night for single or double occupancy rooms (rates are subject to prevailing state or local taxes). This rate applies from January 20 through January 23 so you can extend your stay through Sunday. **The cutoff date for this special rate is December 21, 2015;** reservations after this date will be honored based on space and rate availability. Resort is \$17/day for valet parking with "in" and "out" privileges. Separate offsite public parking is also available nearby.

For reservations please call Monterey Plaza Hotel 800-334-3999. Be sure to mention that you are attending the "Perinatal Potpourri" conference for the special rate. All reservations must be accompanied by a first night room deposit or guaranteed with a major credit card. Check in time is 4:00 PM check out is 12:00 noon.

Target Audience

This program has been designed for physicians, nurses, certified nurse midwives, social workers and other perinatal/neonatal providers of care to mothers, infants, and their families in a variety of settings, including private practice, community hospital, Intermediate, Community and Regional Neonatal Intensive Care Units and perinatal centers, and public health.

Credit Designation

Nursing/Behavioral Sciences: MCCPOP is approved as a provider of continuing education by the California Board of Registered Nurses, Provider #3104. Nursing contact hours awarded for this program are 8.4 on Thursday, January 21 & 7.2 on Friday, January 22.

MCCPOP is approved as a provider of continuing education by the California Board of Behavioral Sciences, Provider #1104. This program meets the qualifications for up to 7.0 hours on Thursday, January 21 & 6.0 hours on Friday, January 22 of continuing education credits for LCSWs, MFCCs, and MFTs.

Course Objectives

Perinatal Potpourri: Reaching Out and Looking Forward

At the conclusion of this workshop the attendees should be able to:

- Identify modifiable prenatal risk factors for neonatal encephalopathy and review appropriate obstetric prevention strategies
- Weigh available evidence and recommendations for the management of intrahepatic cholestasis of pregnancy in 2016
- Distinguish between neonatal encephalopathy and hypoxic-ischemic encephalopathy and discuss risk factors and clinical management of both
- Discuss the use of therapeutic hypothermia including findings from clinical trials and long-term outcomes and the importance of brain monitoring
- Understand the importance of gestational age in the evaluation of risk factors for early-onset neonatal sepsis
- Describe alternative strategies for management of late preterm and term infants with perinatal risk factors associated with increased risk for early-onset neonatal sepsis
- Identify areas of neonatal care that are subjects of active investigations expected to change practice in the near future, as well as, implications for current practice of recently completed trials
- Delineate the special requirements of electronic medical records for neonatal/perinatal care and describe local approaches to addressing these challenges
- Review obstetrical management of abnormal fetal heart rate tracings and describe how they relate to neonatal outcomes
- Discuss issues surrounding medical-legal exposure on labor and delivery and identify strategies to reduce medical liability
- Explain the clinical pharmacology of marijuana and its active components
- Describe the potential therapeutic effects, adverse effects and various dosage forms of marijuana
- Explain the impact of marijuana on the fetus and newborn infant
- Discuss recommendations and guidelines regarding marijuana use in pregnancy and lactation

Conference Agenda

Thursday, January 21, 2016

7:30 a.m. **Registration/Breakfast**

8:15 **Welcome**

8:30 **Neonatal Encephalopathy: Risk Factors and Diagnosis**
Courtney Wusthoff, MD

9:30 **Neonatal Encephalopathy – Obstetric Correlates and Prevention Strategies**
Gaea Moore, MD

10:30 **Break (15 mins)**

10:45 **Neonatal Hypoxic-Ischemic Encephalopathy – Clinical Management, Therapeutic Hypothermia, and Case Review**
Sonia Bonifacio, MD

11:45 **Lunch on own**

1:00 **Complex OB/NICU Cases: The Whole Story**

Maurice Druzin, MD
Nancy Peterson, MSN, RNC-OB, PNNP, IBCLC
Philip Sunshine, MD
Christina Wilson, MS, RN, NNP-BC

3:00 **Break (20 mins)**

3:20 **Update in the Management of Cholestasis**
Gaea Moore, MD

4:20 **Electronic Medical Record Challenges in Perinatal Care**
Jonathan Palma, MD, MS

5:20 **Adjourn**

5:30-7:00 **Reception**

Note: Faculty will allow 5-10 minutes at end of each session for a Question and Answer Session

Conference Agenda

Friday, January 22, 2016

- 7:00 Registration/Breakfast
- 8:00 Welcome
- 8:15 **New Approaches to Management of Suspected Early-Onset Sepsis**
William Benitz, MD
- 9:15 **Recent/Ongoing Clinical Trials at Lucile Packard Children's Hospital**
William Benitz, MD
Yasser El-Sayed, MD
- 10:15 **Break (15 mins)**
- 10:30 **Weeding Out the Myths: Pharmacologic Effects of Cannabis**
Laura Borgelt, PharmD, FCCP, BCPS
- 11:30 **Lunch (Provided)**
- 1:00 **HASHing It Out: Cannabis in Pregnancy and Breastfeeding**
Laura Borgelt, PharmD, FCCP, BCPS
- 2:00 **Medical Legal Issues in Perinatology**
Maurice Druzin, MD
Nancy Peterson, MSN, RNC-OB, PNNP, IBCLC
David Sheuerman, JD
Phil Sunshine, MD
- 4:00 **Evaluations / Adjourn / Announcements**

Note: Faculty will allow 5-10 minutes at end of each session for a Question and Answer Session

Important Registration Information

Tuition Fees:

Early: If payment postmarked or submitted on-line by 12/18/15: \$325
Regular: : If payment postmarked or submitted on-line after 12/18/15: \$350
Single Day early: \$165 / *Single Day regular:* \$175
At Door Registration: Add \$30 to Regular Registration Fee.

- **Registrations will be confirmed** when payment has been received. Space cannot be held without payment. The fee for the Annual Meeting includes all conference materials, CEU credits, refreshment breaks, Continental Breakfast Thursday and Friday, Thursday evening reception, and Friday luncheon.
- **Refund/Cancellation Policy:** Registration fee less a \$30 administrative charge is refundable if written cancellation notification is received prior to January 9th. No refunds will be given after the conference begins or for "no shows."
- **Guests:** If you wish to bring a guest to the Thursday evening reception or Friday luncheon you must purchase a Guest Pass separately for \$35 for the reception and \$50 for the luncheon. Name badge must be worn for this event and will be issued at conference.
- **Out of consideration to registrants,** children of any age and spouses/guests may not attend the educational sessions.
- **Methods of Payment:** Make payment by check made out to Stanford University. A \$30 fee will be charged for returned checks. If you wish to pay by credit card, please register on-line at mccpop.stanford.edu.
- **For more information** Call 650-736-2210 or email Sanary Lou at sanarylou@stanford.edu. Fax: 650-721-5751
- **Conference Attendees Badge:** Conference name tag must be worn at all time during food and beverage events.

Electronic Syllabus: We are adopting a "Green and Sustainable" policy and are providing you course materials electronically. One week prior to the conference, presentation slides will be available for download from MCCPOP's website. At registration, you will also receive these materials on a CD. Hardcopy (paper) syllabus are available for purchase for a fee of \$30.00

For your convenience, you can now register on-line at: mccpop.stanford.edu

Registration Form

Please enter your name, degree(s) and affiliation, as you would like them to appear on your name badge.

Name _____

Specialty/Degree(s) _____

Address _____

City, State, Zip _____

Phone _____ Fax _____

Email address _____

Hospital/Agency Affiliation _____

License Number (required for CEU credits) _____

If you have any special needs for this activity, including dietary concerns, please specify: _____

Perinatal Potpourri Conference \$ _____

Early: If payment postmarked or submitted on-line by 12/18/15: \$325

Regular: If payment postmarked or submitted on-line after 12/18/15: \$350

Single Day (early): \$165

Single Day (regular): \$175

Guest pass for Thursday night reception – \$35 \$ _____

Guest pass for Friday Luncheon – \$50 \$ _____

Hardcopy (paper) syllabus – \$30 \$ _____

Total payment enclosed \$ _____

Type of Payment

Check/Money Order payable to Stanford University

LPCH/Stanford Transfer of Funds

(must include Tuition Reimbursement OR Transfer of Funds form signed by manager, then fax to MCCPOP - Fax: 650-721-5751)

For credit card payments, please register on-line at mccpop.stanford.edu

Registration with full payment can be mailed to MCCPOP, Stanford University, 1265 Welch Road, MSOB MC: 5415, Stanford, CA. 94305

MCCPOP 36th Annual Meeting

*Perinatal Potpourri:
Reaching Out
and Looking Forward*

January 21-22, 2016



Faculty

William Benitz, MD

Chief, Division of Neonatal and Developmental Medicine
Department of Pediatrics
Philip Sunshine Professor of Neonatology
Stanford University School of Medicine

Sonia Bonifacio, MD

Clinical Associate Professor of Pediatrics
Assistant Medical Director Neuro-NICU
Lucille Packard Children's Hospital
Division of Neonatal and Developmental Medicine
Stanford University School of Medicine

Laura Borgelt, PharmD, FCCP, BCPS, NCMP

Associate Dean of Administration and Operations
University of Colorado Anschutz Medical Campus (CU AMC),
SSPPS
Professor, CU AMC
Departments of Clinical Pharmacy and Family Medicine
SSPPS and School of Medicine

Maurice Druzin, MD

Professor of Gynecology and Obstetrics
Program Director, OBGYN Residency Training Program
Vice Chairman, Obstetrics & Gynecology
Co-Medical Director, Mid-Coastal California Perinatal Outreach
Program (MCCPOP)
Stanford University School of Medicine

Yasser El-Sayed, MD

Professor and Director
Divisions of Maternal-Fetal Medicine and Obstetrics
Department of Obstetrics and Gynecology
Stanford University School of Medicine
Obstetrician-in-Chief
Co-Director Johnson Center for Pregnancy and Newborn Services
Lucile Packard Children's Hospital

Gaea Moore, MD

Assistant Professor in Maternal Fetal Medicine
Stanford University School of Medicine

Jonathan P. Palma, MD, MS

Clinical Assistant Professor of Neonatology
Clinical Assistant Professor of Systems Medicine
Associate Program Director, Clinical Informatics Fellowship,
Stanford University School of Medicine
Medical Director of Clinical Informatics
Lucile Packard Children's Hospital

Nancy Peterson, MSN, RNC-OB, PNNP, IBCLC

Director, Perinatal Outreach
Clinical Program Manager of CMQCC
Mid-Coastal California Perinatal Outreach Program
Stanford University School of Medicine

Dave Sheuerman, JD

Partner, Sheuerman, Martini & Tabari
A Professional Corporation

Philip Sunshine, MD

Professor, Pediatrics (Emeritus)
Co-Medical Director, Mid-Coastal California Perinatal Outreach
Program (MCCPOP)
Stanford University School of Medicine

Christina Wilson, MS, RN, NNP-BC

Courtney Wusthoff, MD

Assistant Professor of Neurology and Neurological Sciences
Division of Child Neurology
Stanford University School of Medicine



**Stanford University Medical Center
Department of Pediatrics**

**Mid-Coastal California
Perinatal Outreach Program**

1265 Welch Road, MSOB MC: 5415
Stanford, CA 94305