

Blue LATE PRE-TERM (LPI)

NICU Feeding Guideline

≥ 34 wks – 36 6/7 wks.

Line Day	Date	DOL	Weight (kg) *	Wt. X ml/kg/d ÷ 8	= ml/fdg q 3	Fortification Supplements	Care Practices	Labs
1				x 20 ÷ 8			If tube: Slow push over 5-10 min	
2				x 40 ÷ 8				
3 Days				x 60 ÷ 8		< 35 wks fortifier recommended		Trg/Phos
3 Nocs				x 80 ÷ 8				
4 Days				x 100 ÷ 8				
4 Nocs				x 125 ÷ 8				
5				x 150 ÷ 8				

Blue Term

>37 wks

Line Day	Date	DOL	Weight (kg) *	Wt. X ml/kg/d ÷ 8	= ml/fdg q 3	Fortification Supplements	Care Practices	Labs
1				x 30 ÷ 8			If tube: Slow push over 5-10 min	
2				x 60 ÷ 8				
3 Days				x 90 ÷ 8				
3 Nocs				x 110 ÷ 8				
4 Days				x 135 ÷ 8				

At completion of guideline, continue to monitor fluids @ 135+ ml/kg/day and discuss in daily rounds

- * Use birth weight for 1st week of life, then daily weight
- Consider initiating feeds with breast milk – maternal or banked (after consent obtained)
- Advance occurs with ongoing assessment and clinical judgment
- If there is a need for aspiration, use gentle pressure and a 10ml syringe
- Round up/down feeding volume to 0.5 and 1.0ml