

# Playlist of Spanish Language NICU Education Videos - Information Sheet for NICU Staff

CPQCC has compiled a library of videos in Spanish to help NICU families with a Spanish language of preference in their NICU journey. Use the QR code to view the playlist and find a description of videos provided below.

## INTRODUCTION TO THE NICU

### **“Bienvenidos a la Unidad de cuidados intensivos neonatales..”**

Brief explanation on the importance of washing hands, the role of various NICU staff, and the parent’s role in baby’s care

## FEEDING & LACTATION

### **“Lactancia materna”**

Quick overview about the benefits of breastfeeding, how to correctly breastfeed, and the important indications of a well fed baby

### **“Nutrición de bebés prematuros: necesidades nutricionales y fortificación”**

Information about the necessary nutritional needs of premature babies and the importance of utilizing human milk fortifiers to increase calorie intake

### **“Nutrición de bebés prematuros: El aumento de la producción de leche”**

Focuses on the benefits of breastfeeding, the frequency of pumping, and ways to increase mother’s milk production

## SKIN-TO-SKIN

### **“Care for baby: Spanish - Boston Medical Center”**

Explains the importance of skin to skin

### **“Una técnica sencilla para disminuir la mortalidad infantil: Kangaroo mother care”**

Explains kangaroo care, the importance of partaking in kangaroo care, and encourages mother to do it often

## EQUIPMENT COMMONLY USED IN THE NICU

### “UCIN Cuartos y Equipos”

Briefly explains what an incubator is and the possibly alarms that may go off

### “Que es una incubadora y para que sirve?”

What is an incubator and what’s its purpose

### “Incubadora vs cunas de calor radiante”

Explains the purpose of an incubator and radiant warmer as well as the different types of incubators

### “Fototerapia en bebés”

Explains why bili lights are used and the importance of phototherapy for babies with jaundice

### “VPP o Ventilacion con Presion Positiva”

Focuses on providing an overview of PPV and why it is utilized

### “Sondas de gastronomia”

Answers the following questions: Why is a G-tube used? How do you take care of a G-tube and the skin surrounding it? How do you feed through a G-tube?



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PLAYLIST